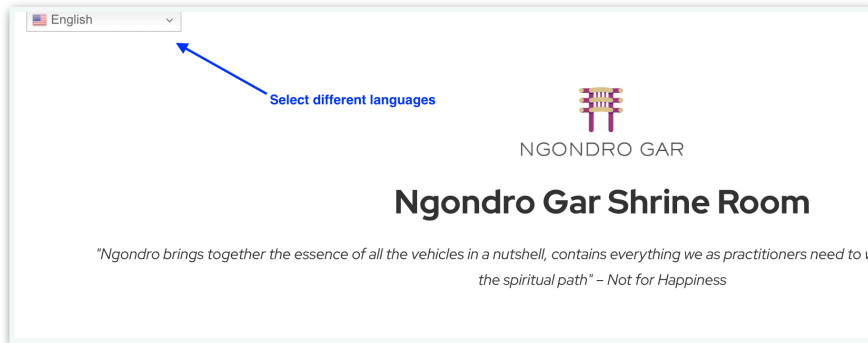


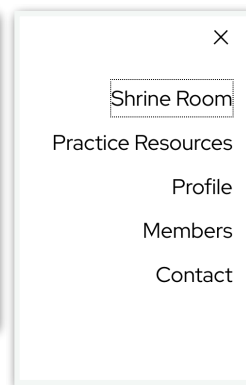
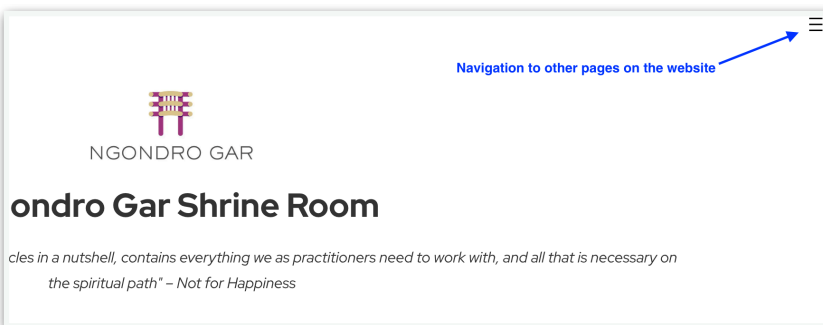
Navigating the Ngondro Gar Shrine Room Website

From the Home Page of the Website

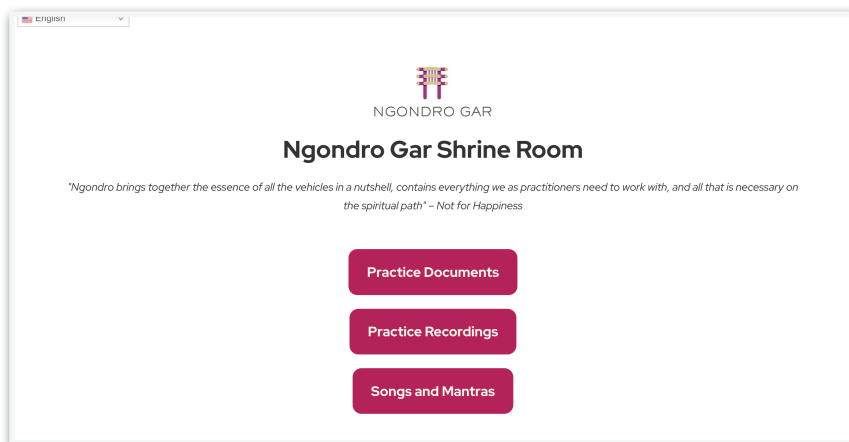
Select your language preference



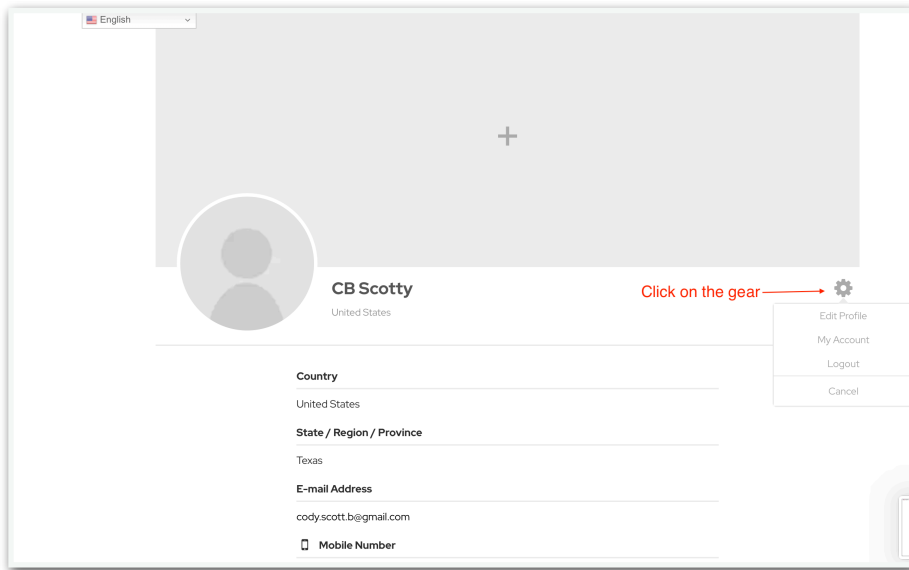
Navigating to other pages



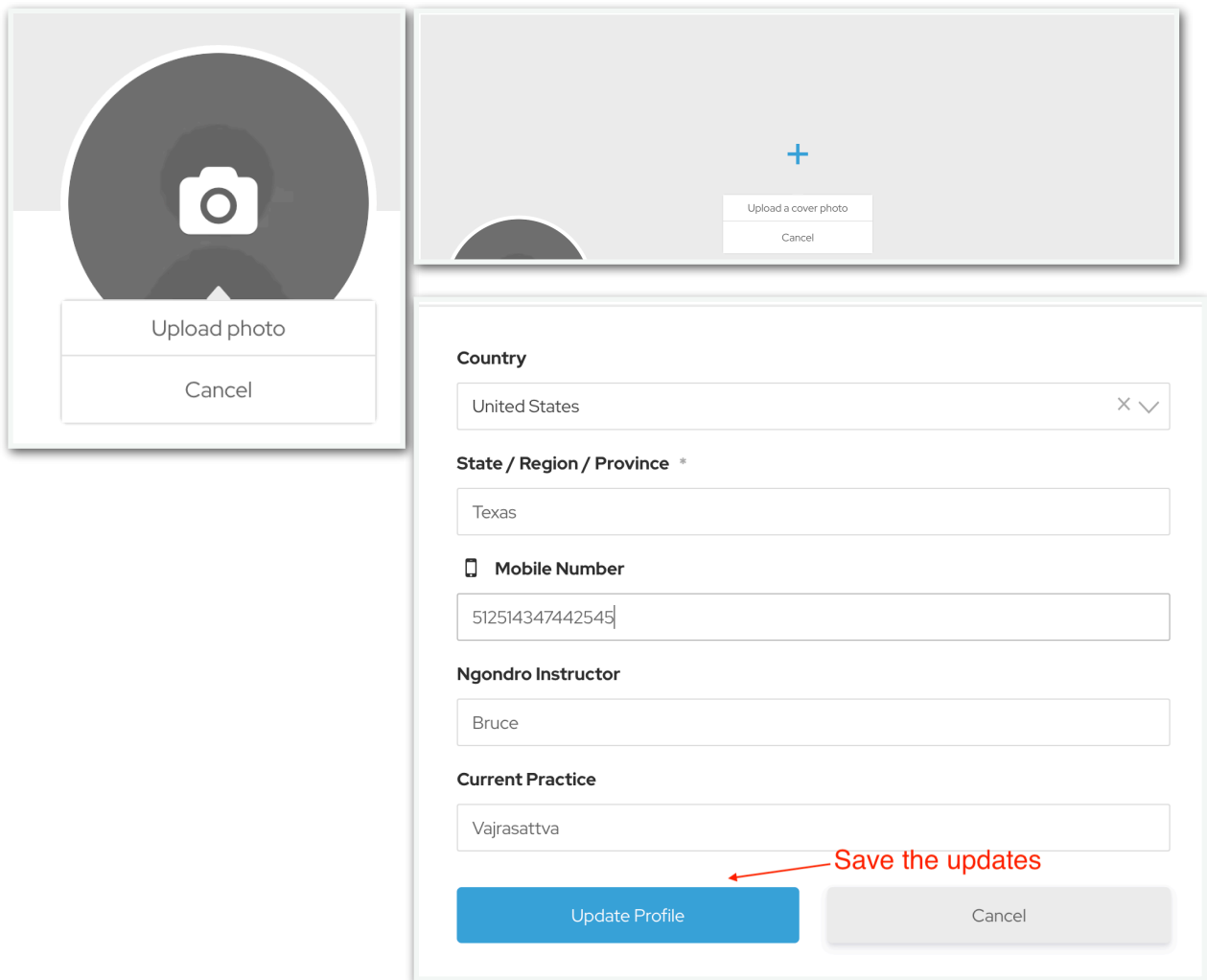
Practice Resources Page



Edit Profile and reset password



Add picture, background, and update information



Accessing the Shrine Room



Use this link to enter the shrine room

Meeting ID: 895 5771 9316

Passcode: 961922

Zoom information for some with restricted browser settings

Using the Event Calendar

Community Practice Events

Backward in months 2023 JUNE Forward in months

WEEK 2

SUN	MON	TUE	WED	THU	FRI	SAT
4	5	6	7	8	9	10

04 7:00 am - 9:00 am
JUNE ●
NGONDRO GAR COMMUNITY PRACTICE SHARING THE NALANDA TRANSLATION
Local Date: Jun 04 2023 | Local Time: 9:00 am - 11:00 am

05 8:00 pm - 9:00 pm
JUNE ●
LNN DISCUSSION
Local Date: Jun 05 2023 | Local Time: 8:00 pm - 9:00 pm

07 8:00 pm - 9:00 pm
JUNE ●
EVENING SHORT PRELIMINARY PRACTICE
Local Date: Jun 07 2023 | Local Time: 8:00 pm - 9:00 pm

SHARE THIS EVENT

Add event to your personal calendar

+ Add to Google Calendar + iCal / Outlook export

6 16 4 11

DAYS HOURS MINUTES SECONDS

Event Time and Your Local Time Zone

EVENTS FOR JULY

30th

🕒 4:00 pm – 6:00 pm ← Event time zone

EVENING LONGCHEN NYINGTHIK NGONDRO ●

Local Date: Jul 30 2023 | Local Time: 6:00 pm – 8:00 pm ← Local time zone

Add an Event on the Event Scheduler

Event Scheduler

+ Add New ← Select Add New

✓ Confirmed LNN Discussion (June 5, 2023) [👁️] [🔄]

Filling in the Title, Description, Date, Time, Intervals, and timezone

Add your title for the event

Visual | Text

Paragraph [B] [I] [List] [Link] [Image] [Table]

Include any important information for others. This could be the specifics for the event, time related information, etc.

P

Date And Time

📅 Start Date *
06/05/2023

8 : 00 AM

📅 End Date *
06/05/2023

9 : 00 AM

Categories

- All Ngondro Gar
- Chetsun Nyingtik Ngondro
- Kagyu Mahamudra Ngondro
- Longchen Nyingtik Ngondro

Labels

- Book Study
- Common Preliminaries
- Discussion
- Guru Yoga
- Kusali

Timezone

Chicago

Repeating

Event Repeating

Repeats
Weekly

Repeat Interval
1 ← Intervals

Ends Repeat

Never

On

After

10

SUBMIT EVENT